



## KNSC Nordic News February 2010

### Ski Enduro

It is not too late to register for KNSC's 3rd annual Ski Enduro which is **Sunday February 14, 2010**. This event is designed to be a friendly competition for skiers of all ages. We will have some great prizes. Come out and test yourself. Full details and registration are on the website: [www.kawarthanordic.ca](http://www.kawarthanordic.ca).

### Warsaw Outdoor Education Centre

We are thrilled to be able to team up with the staff, students, and parent volunteers from the Warsaw Outdoor Education Centre. They are using the KNSC trails for their Nordic ski program this winter. Look for their smiling faces on the trails and in the Chalet, Monday- Friday in February through until March Break. Initial feedback from staff members, Kim Dobson and Sharon McGee, is all positive. The students are getting hooked on Nordic skiing, and staff, students and parents have been totally impressed our trail conditions. They are very appreciative of the warm welcome that they have received from the club members and day use skiers that they have encountered so far.

### KNSC Toques

We have Kawartha Nordic toques. They are made by Sauce Headwear (formally SOS), made in Canada, and support Canadian Olympic Nordic Skiers.

There are two hat colours available: **White or Royal Blue**. The Kawartha Nordic logo and tassel will be the opposite colour to the hat (not red as shown)

They come in two sizes: **SM/M** (fits kids and adults with smaller heads) or **M/L**

The **cost is \$30./hat** and all proceeds will go towards club operating expenses.

They will be for sale at the race registration desk in the WOODfine Chalet on

Sun. Feb. 14<sup>th</sup>, otherwise **reserve yours now** by contacting Kent at:

[kent.w.todd@gmail.com](mailto:kent.w.todd@gmail.com)



### Baby Gliders

The club has two **baby gliders** (pulks) available for use on a first come first serve basis at the WOODfine Chalet. Please deposit \$10./day (\$5.00/half day) in a day use envelope.

## **Beverley Cameron-Quirt at the Olympics**

Beverley, a member of the Kawartha Nordic ski patrol team will be at the Vancouver Olympics as a Medical Volunteer. She will be providing Spectator Care at Whistler Olympic Park where the Biathlon, Cross Country and Ski Jump events are being held. Bev is a fairly new member of the Canadian Ski Patrol, but she has been skiing, both cross country and alpine since she was in high school where Walter Shephard, the woodworking teacher (and one of KNSC's life members), recruited members of the Kenner Adventurers outdoors club to refinish the Kawartha Nordic ski club's skis. She was also a volunteer in the early 80's at the KNSC races. We look forward to hearing all about Bev's experiences at the Olympics upon her return to patrolling at Kawartha Nordic.

## **Safety and "In Case of Emergency" Reminders**

1. All of our trails are dual direction trails. Please remember to stay right when possible and always give the person coming downhill the right of way.
2. If you are heading out on the snowshoe trails, keep in mind that although the full 10 km loop will take a fit and experienced party under 2 hours to complete, KNSC suggests planning between 3 hrs and a full day. Please plan conservatively and turn back early if necessary. KNSC recommends that parties starting out later in the afternoon in the dead of winter, carry extra food, clothing and a headlamp.
3. We do have certified Canadian Ski Patrollers providing limited coverage on the weekends. They carry radios and or cell phones and can be reached:
  - by contacting the cabin keeper at the WOODfine Chalet
  - or
  - by cell phone (contact numbers are on the chalkboard at the WOODfine Chalet)
4. We strongly encourage skiers, especially those who are up skiing or snowshoeing on their own during the week, to carry a cell phone and a trail map.

**In the event of an emergency, call:**

**911** and give location: Hwy 28 #7107

**Or** Dave Church Family (705) 654-3734

## The Laderach Cabin

Situated on the Adam Scott, close to the Deer Junction is our most travelled to trail side cabin. The Laderach log cabin was built by a team of volunteers for the club back in 1979.



## Memories of Otto Laderach by Ian Blaiklock

Otto Laderach was always known as “Mr. Ski of Peterborough”. He loved every aspect of skiing; cross country, downhill, jumping and slalom but for sure his first love was Cross Country Skiing.

Otto was a little older when our “Kawartha Ski Club” was being founded and started by our very capable first president, Mr. Doug Tanney and his excellent crew. Otto worked and helped Doug in the early stages of the club’s development. My belief is because of this and because Otto was “Mr. Ski of Peterborough”, one of the cabins on our beautiful ski trails was named in his honour. Otto accepted the title very humbly and continued to help and ski the trails for the rest of his life.

Otto was a remarkable man. He was a loyal and hard working member of the Bethany Ski Club. He helped design and build the Peterborough Ski Jump at Nassau which was used for many years, and hosted many championship jumping meets. It is gone now but was very respectfully torn down to make way for Trent University. It had a grand life.

Otto was a great and strong yodeler. When he did so, fellow skiers would stop in their tracks and listen to him. During the Second World War, Otto served as an officer on one of our Canadian Ships. On the deck was a case marked, “Scientific Equipment, Very Dangerous, Do Not Touch”. When the ship landed in Labrador or Newfoundland and Otto was off duty; the case was opened and Otto went Cross Country Skiing! Otto was very proud of his cabin. His wish would be that we use it as we classic or skate ski our beautiful trails that we all love so much.



## More Memories of Otto Laderach by Cy Monkman

Otto Laderach was noted for his long distance cross country trips on his skis. During the 1930s he worked for a period of time at General Motors in Oshawa for CGE. He often skied home to Peterborough for the weekend. In later years he often skied from Peterborough to Bethany and back.

\*if you are interested in reading more about skiing in the Peterborough area, Cy’s book , “A History of The Peterborough Ski Club: The Forgotten sports era “ is available at Monkman, Gracie & Johnston Insurance, 261 George St. N or by contacting Cy at 705-742-4495 or [cylois@cogeco.ca](mailto:cylois@cogeco.ca)