



## TRAILS REPORT

A note from your trails committee at the Kawartha Nordic Ski Club: Each year we attempt to improve a section of the trail our aim is to cut down on the wear and tear on our trail grooming and maintenance equipment and improve the quality of the skiing. This year we employed Todd Church, who did a great job handling their equipment working on the Adam Scott between the Beaver and the Kenner. We were out for a total of three days (42 man hours).

The logging company under the watchful eye of the MNR has planted red pine in all the open areas. Even with the unusually hot and dry summer most have survived and grown. In another 3 - 4 years they will be obvious through the snow. A good job well done.

We are at a loss as to how to handle the yearly task of walking the trails with an ATV and equipment to keep them brushed out and have the task completed by the 2<sup>nd</sup> week of November. These are your trails and we need some serious discussion from our membership on how this task can best be accomplished.

Walter Shepard

## Kawartha Nordic Ski Patrol

Welcome to another season of great skiing. I am sure that all of you are doing a snow dance so that we will be skiing on our trails over the Christmas holidays and well into spring. We certainly are looking forward to joining you on the trails this season as well.

As in the past, the ski patrollers will be based in the Cossar Cabin and skiing as many trails as possible each weekend of the season. We have already started our first aid training this fall and will be continuing on into January with our annual On Trail day on January 12.

This year there will be fewer of us on the trails and this will decrease our coverage of the trails. When you receive your renewal application for joining the Kawartha Nordic Ski Club, there is a box for joining the Ski Patrol within our club. The Ski Patrol course consists of two parts, first aid and snow accident site management and transportation. While it will be too late this year to take the first aid course to become a Ski Patroller for our trails, let us know of your interest so that we can invite you to join us while we ski around the trails or practice skills used in rescuing stranded skiers or in practising search and rescue on our trails. As members of the Kawartha Nordic Ski Club, you are certainly welcome to ski with us.

If you have particular interests in helping Ski Patrol, I can be contacted by phone or email as follows:

Keith Buchanan (patrol leader) 705-639-2177  
[k\\_m.buchanan@sympatico.ca](mailto:k_m.buchanan@sympatico.ca)

See you on the trails

Keith Buchanan  
Kawartha Nordic Ski Patrol



**Kawartha Nordic Ski Club Inc.,**  
P.O. Box 1371, Peterborough, Ontario, K9J 7H6

For information on  
trails or events call  
**749-5605**

## Family Fun Ski: Learn to Ski Program

In an attempt to encourage our own children to ski and to take advantage of the bonus motivation that other children can provide, we are planning to introduce a series of Saturday morning activities for children. Beginning in January, 2002 we are planning for some fun, skill based activities for the learn-to-ski crowd (typically between 5 and 10 years however younger children are welcome provided one parent stays close to assist as needed). We are proposing that activities start at 10:30 and run until 12:00 noon for the month of January. During this time we hope to break down some of the skills and learning into:

10:30 - meet at the Cossar Cabin and get organized, discuss skiing topics such as how to get up when you fall, how to dress for skiing etc.

10:40 - go outside, put skis on (now you may understand WHY we need parents nearby!) and warm up as a large group

10:50 - break off into groups, according to ability/skill and play games

11:15 - if cold, the younger children may need to go into the cabin and return outside for another short ski before lunch

12:00 - lunch in the cabin and finish for the day

We are seeking feedback from members (current and potential) as to the ages and stages of your skiers to attempt to set up interesting and fun activities appropriate for the children. This is NOT a child-free ski opportunity for parents. All family members are encouraged to participate, regardless of skill level.

If you children can ski a longer distance or loop (e.g. to the Laderach Cabin) but could benefit from other companions, informal arrangements can be made to ski with families of comparably skilled children. We would encourage you to participate in the educational and warm-up sections of the program.

We will run only if the temperature is warmer than -10E Celsius. Depending on the snow conditions and the popularity of the program we may consider extending the sessions into February, 2002. The ski line (tel. # 749-5605) can be accessed for up-to-date ski conditions. We will use the blackboard inside the Cossar Cabin to post additional information, as needed.

We also hope to have a basket of "ski props" available, with cue cards for the adults to enhance family skiing outside of the above times. For example, a plastic bowling ball fits well in the tracks and provides motivation for tired or frustrated young skiers. Donations to the ski props will be welcome.

There seem to be a large number of families who have frequented the trails over the past few years and have voiced a desire that something like this be in place. We are willing to put time and energy into the program, provided there are adequate numbers to warrant such work. Please contact us prior to December, 2001 to indicate interest. We welcome all ideas, suggestions and extra helpers.

Lynn Sansom 743-5686

Trudi Ruch 745-6925

Ann Way Nee 743-4078



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## **KNSC EVENTS**

**SKI SWAP: Saturday Nov. 10<sup>th</sup> 2001**

**Directors Brunch: Jan. 13<sup>th</sup> 2001**

**Moonlight Ski: Jan. 26<sup>th</sup> 2001**

**Chili Fest: Feb 10<sup>th</sup> 2001**

**Spring Cook-out: March 3<sup>th</sup> 2001**

### **Reminder:**

Send your membership in before Dec 1<sup>st</sup> 2001 and save **\$5.00**

This year will we once again be sending out a complimentary KNSC day use pass which is included with your membership registration. Don't forget to give it to a friend or relative as this is a great way for people to get out and experience our trails!

### **WE ARE NOW ON THE WEB!!!**

Surf on over to [www.x-c.com/clubs/kawartha](http://www.x-c.com/clubs/kawartha) and check out the new club webpage with downloadable maps and membership forms.

Nordic News is edited by D.Woodfine and L. Kostuch



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