

KN Return-to-Skiing for Facilities Plan



A plan to operate Kawartha Nordic programs, services and facilities safely during the 2022-2023 season

Objectives are to:

- Avoid the 3 C's: Closed-spaces, Crowds, Contact
- Promote the 3 W's: Wash frequently, Wear a mask, Widely space
- Follow all Cross-Country Ski Ontario (XCSO) & Public Health Guidelines plus Provincial & Federal Directives
- Communicate and Document

Reviewed:

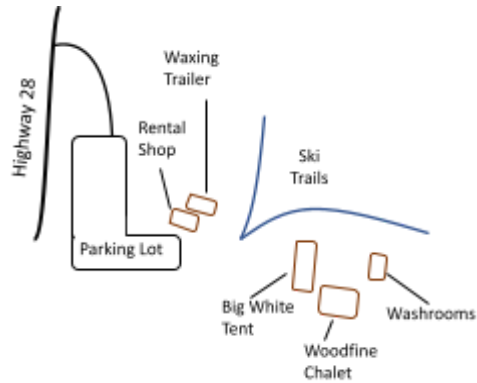
- ★ Kawartha Nordic Covid-19 Sub-Committee October 8, 2022
- ★ Kawartha Nordic Board of Directors October 17, 2022

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Background

Kawartha Nordic Ski Club (KNSC or simply Kawartha Nordic) is a Nordic ski area and club located in North Kawartha township, Peterborough County, Ontario. KNSC offers 46 kilometres of both classic and skate trails, as well as 9 km of snowshoe trails through scenic, Canadian Shield wilderness. Kawartha Nordic owns 350 acres of land just north of Haultain and holds a land use permit for our remaining trails on crown land. Kawartha Nordic is a not-for-profit organization, governed by a volunteer board of directors, and operated by several seasonal staff and numerous volunteers. The site plan to the right shows our primary facility and key areas that are referenced in this plan.



The goal of this plan is to reduce the risk of Covid-19 infection while providing our services. As a primarily outdoor and often solitary activity, Nordic skiing is generally a low-risk activity for Covid-19 transmission. Accordingly, this plan focuses on areas within our facility and services where modifications are required to reduce the risk of Covid-19 transmission. This plan will be updated throughout the winter to reflect updated direction from the Government of Ontario and Public Health and to include any changes to protocols and services that are necessary to meet the plan objectives.

Communication

Website

Communication to visitors and members alike will be done on the Kawartha Nordic website (www.kawarthanordic.ca) where protocols for visiting will be posted including information on what to expect when arriving at KNSC, how to purchase trail passes in advance, and required controls where applicable such as screening, hand hygiene, and masks. The website will contain a visitor guide for skiers, visiting bus groups and youth programs.

Newsletters

Member email newsletters will provide regular updates including a summary of protocols from this plan.

Signage

Signage will be placed at key locations throughout Kawartha Nordic including at the driveway entrance, rental shop, trailhead/parking lot, Woodfine Chalet, washrooms, waxing trailer, and trail-side cabins. Signage will communicate information on specific KNSC protocols where applicable.

Location	Description
Driveway entrance	Welcome sign with instructions on purchasing trail passes online
Rental shop	Instructions on purchasing trail passes and rentals, hand hygiene, mask usage, physical distancing
Trailhead	Physical distancing
Woodfine Chalet	Open, masks recommended
Washrooms	hand hygiene, masks recommended

Trail-side cabins	Open, masks recommended
Waxing Trailer	Open, masks recommended

Vaccination and Testing

Please refer to the Covid-19 Vaccination and Testing [Policy](#) for details. In summary, the vaccination and testing policy applies to staff only. The policy does not apply to general skiers, program participants or volunteers.

Facility

Rental Shop

Entry to the rental shop will be restricted to staff. Visitors are requested to use their personal vehicles for changing and as a home base while visiting the club. Sales of trail passes will be completed primarily online through the Kawartha Nordic online store and in-person sales completed through the service window. To reduce the need to visit the rental shop, signage will be posted at the driveway entrance to encourage visitors to purchase their trail pass online from the comfort of their vehicle. Members will receive a membership button this year which will be distributed at the rental shop. When traffic warrants it, staff or a volunteer greeter will be present outside the rental shop to direct visitors as required. Visitors to the rental shop are encouraged to wear a personal face covering and maintain physical distancing from staff and other visitors. Hand sanitizer is available for use at the trailer window.

Trail passes will be sold through the online store and the receipt serves as the trail pass (i.e. visitors do not need to obtain a physical trail pass for display). The self-serve kiosk will be promoted for cash payments. Visitors will be encouraged to pay via contactless 'tap' using credit or debit cards. Cash payment at the rental shop window will be accepted on exception basis only when visitors cannot pay via credit or debit.

Rental equipment will be managed to minimize contact. The rental agreement form will be posted on the website and visitors will be encouraged to complete and print it before they arrive at KNSC. This will save time and limit queuing. The rental form will be presented through the window to staff who will process payment and retrieve the rental equipment. Staff will place the rental equipment on the deck outside the rental shop where visitors will pick up their equipment while maintaining 2 metre physical distance from staff. Visitors will no longer leave their boots in the rental shop and instead will be directed to return them to their vehicle. Rental equipment will be returned to the waxing trailer where it will be sanitized before next use (normally the next day).

Waxing Trailer

The waxing trailer will be open for use. This room will also be used for equipment sanitization. Mask usage will be recommended to enter this area and hand sanitizer will be available. Individuals will have to be mindful of maintaining a safe physical distance.

Ski Racks

Ski racks will be repositioned to avoid crowding adjacent to the Woodfine chalet.

WoodFine Chalet

This building will be **open** for this season and mask usage is recommended when not eating or drinking.

A portal air cleaner/filter will be running daily in the chalet.

Washrooms and Outhouses

The heated, indoor washrooms, located in a separate building, will be available for use. Hand sanitizer will be available outside the washrooms. Mask usage will be recommended in the washrooms. The washrooms will be cleaned and sanitized with an electro -static sanitizer daily by KNSC staff.

Outhouses will also remain open and supplied with hand sanitizer.

Trail-side cabins

These cabins will be open for the season and mask usage is recommended when not eating or drinking.

Trails

Trails will be groomed as per normal practice and continue to be multi-directional. Signage at the trailhead will encourage physical distancing while out skiing.

Equipment

KNSC grooming vehicles will be limited to 1 person and cleaning of the cabin and controls will be completed before and after use. A cleaning kit will be provided for operator use.

Personal Protective Equipment and Cleaning Supplies

Employees

Surgical masks, hand sanitizer (incl. dispensers), disinfectant wipes/liquid, face shields, gowns, and bleach supplies will be provided for employee use as required. An electro-static disinfectant machine (e.g. Clorox 360 or Pax 100) has been purchased to efficiently complete large area and rental equipment sanitization.

The General Manager is responsible for procuring and maintaining adequate inventory of PPE and cleaning supplies and also to train staff on appropriate usage.

Programs

Youth Programs and Racing Team

Please refer to the Kawartha Nordic Safe Return to Sport plan posted at <http://www.kawarthanordic.ca/page.php?id=317>

Events

Events will be modified to limit participant numbers and encourage physical distancing. In-person events (e.g. Coffee House) at the Chalet may be held this year with capacity limits and advanced sign-up.

Bus Groups

Visiting bus groups will be permitted at Kawartha Nordic this season based on current public health advice. Visiting bus groups will be encouraged to use their bus as their warm up, lunch and change area. Payment of trail passes by group lead and pre-submission of rental equipment needs will facilitate flow of bus groups at KNSC.

School Programs

The KNSC mid-week school program will be running this year. School group rental and trail pass rates are available.