

KN Return-to-Skiing for Facilities Plan



A plan to operate Kawartha Nordic programs, services and facilities safely during the 2020-2021 season

Objectives are to:

- Avoid the 3 C's: Closed-spaces, Crowds, Contact
- Promote the 3 W's: Wash frequently, Wear a mask, Widely space
- Follow all Cross-Country Ski Ontario (XCISO) & Public Health Guidelines plus Provincial & Federal Directives
- Communicate and Document

Status: Approved (November 18, 2020)

Reviewed:

x	Kawartha Nordic Covid-19 Sub-Committee	September 30, 2020
x	Kawartha Nordic Board of Directors	October 5, 2020
x	Kawartha Nordic Ski Patrol	October 10, 2020
x	Peterborough Public Health	October 26, 2020 and November 18, 2020
X	Kawartha Nordic Board of Directors	November 2, 2020

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Background

Kawartha Nordic Ski Club (KNSC or simply Kawartha Nordic) is a nordic ski area and club located in North Kawartha township, Peterborough County, Ontario. KNSC offers 46 kilometres of both classic and skate trails, as well as 9 km of snowshoe trails through scenic, Canadian Shield wilderness. Kawartha Nordic owns 350 acres of land just north of Haultain and holds a land use permit for our remaining trails on crown land. Kawartha Nordic is a not-for-profit organization, governed by a volunteer board of directors, and operated by several seasonal staff and numerous volunteers. The site plan to the right shows our primary facility and key areas that are referenced in this plan.

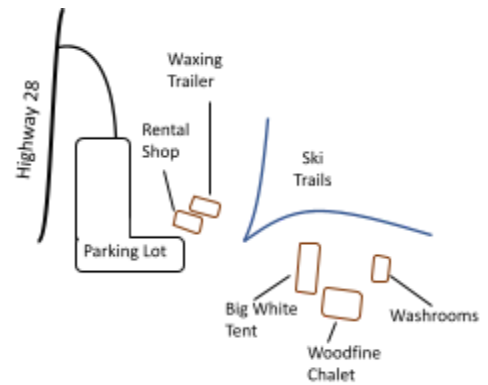


Figure SEQ Figure 1* ARABIC 1. Site Plan

Kawartha Nordic's primary service is providing cross-country ski trails to members and day visitors as well as offering instructional programs to youth and adults. In 2019-2020, Kawartha Nordic saw approximately 1300 school children visit the facility, 2600 day use skiers, and 7700 member visits from November 2019 to March 2020.

The goal of this plan is to reduce the risk of Covid-19 infection while providing our services. As a primarily outdoor and often solitary activity, Nordic skiing is generally a low-risk activity for Covid-19 transmission. Accordingly, this plan focuses on areas within our facility and services where modifications are required to reduce the risk of Covid-19 transmission. This plan will be updated throughout the winter to reflect updated direction from the Government of Ontario and Public Health and to include any changes to protocols and services that are necessary to meet the plan objectives.

Visiting Kawartha Nordic

Before entering the Kawartha Nordic property, visitors are asked to respond to the following 2 questions:

1. Have you, or any member of your party, failed the [Peterborough Public Health COVID-19 Self-screening](#) assessment?
2. Do you, or any members of your party, feel the precautions described below and in place at Kawartha Nordic are not offering adequate protection?

If visitors answer YES to either question, they should refrain from visiting Kawartha Nordic and follow the guidance of their local health authority.

If visitors are travelling to Kawartha Nordic from outside the region, they are asked to respect the current public health advice regarding inter-regional travel. Refer to the Government of Ontario [response framework](#) and your local public health agency.

Communication

Website

Communication to visitors and members alike will be done on the Kawartha Nordic website (www.kawarthanordic.ca) where protocols for visiting will be posted including information on what to

expect when arriving at KNSC, how to purchase trail passes in advance, and required controls such as screening, hand hygiene, and masks. The website will contain a visitor guide for skiers, visiting bus groups and youth programs.

Newsletters

Member email newsletters will provide regular updates including a summary of protocols from this plan.

Signage

Signage will be placed at key locations throughout Kawartha Nordic including at the driveway entrance, rental shop, trailhead/parking lot, Woodfine Chalet, washrooms, waxing trailer, trail-side cabins, and the Big White Tent. Signage will communicate information on capacity limits, physical distancing, proper hand hygiene, and specific KNSC protocols where applicable.

Location	Description
Driveway entrance	Welcome sign with instructions on purchasing trail passes online
Rental shop	Instructions on purchasing trail passes and rentals, hand hygiene, mask usage, physical distancing
Trailhead	Screening instructions, physical distancing, mask usage inside
Woodfine Chalet	Capacity limits, hand hygiene, physical distancing, mask usage, one-way flow downstairs, in and out upstairs, time limits, restricted use
Washrooms	Capacity limits, hand hygiene, mask usage
Big White Tent	Capacity limits, hand hygiene, physical distancing, mask usage
Trail-side cabins	Capacity limits, hand hygiene, physical distancing, mask usage, time limits, restricted use
Waxing Trailer	Capacity limits, hand hygiene, physical distancing, mask usage, time limits, restricted use

Facility

Rental Shop

Entry to the rental shop will be restricted to staff. Sales of trail passes will be completed primarily online through the Kawartha Nordic online store. A window will be created for payments and communication with visitors. To reduce the need to visit the rental shop, signage will be posted at the driveway entrance to encourage visitors to purchase their trail pass online from the comfort of their vehicle. Members will not receive a membership button this year which was previously distributed at the rental shop. With these changes, we anticipate most visitors to the rental shop will be to obtain rental equipment. When traffic warrants it, staff or a volunteer greeter will be present outside the rental shop to direct visitors as required. Visitors to the rental shop must wear a personal face covering and maintain physical distancing from staff and other visitors.

Trail passes will be sold through the online store. The self-serve kiosk will be promoted for cash-payments. Visitors will be encouraged to pay via contactless 'tap' using credit or debit cards. Cash payment at the rental shop window will be accepted on exception basis only when visitors cannot pay via credit or debit.

Rental equipment will be managed to minimize contact. The rental agreement form will be posted on the website and visitors will be encouraged to complete and print it before they arrive at KNSC. This will save time and limit queuing. The rental form will be presented through the window to staff who will process payment and retrieve the rental equipment. Staff will place the rental equipment on a newly constructed covered deck outside the rental shop where visitors will pick up their equipment while maintaining 2 metre physical distancing from staff. Visitors will no longer leave their boots in the rental shop and instead will be directed to return them to their vehicle. Rental equipment will be returned to the waxing trailer where it will be sanitized before next use (normally the next day).

Waxing Trailer

The waxing trailer will be open for visitors to wax their skis and to return rental equipment. Capacity will be limited to 2 people for waxing. A separate room with its own outside door will be used for the return of equipment and equipment sanitization, limited to 1 person at a time. Mask usage will be required to enter either area and hand sanitizer will be available outside the waxing trailer for use before entering and upon exiting. Individuals will have to be mindful of maintaining a safe physical distance.

Ski Racks

Ski racks will be repositioned to avoid crowding adjacent to the Big White Tent and Woodfine chalet.

Big White Tent

Use of the Big White Tent will be focused on youth programs for warmups, putting boots on, and eating when temperatures outside require it. The entire tent will be reverted to visitor use with entry at the south end and exit at the north end. Tables and seating will be spaced at least 2 metres apart. Mask usage will be required in the tent except when eating or drinking. Hand sanitizer will be available at the entrance and exit. Disinfectant spray and paper towels will be available for visitors to clean their table before and after use.

WoodFine Chalet

Intended Use

Visitors will be encouraged to only use the Woodfine Chalet when absolutely required (generally to warm up, change into ski boots and clothing, and for eating) and to limit their time in the chalet so as to maintain a lower capacity limit this year to allow for physical distancing. Parents and children in the youth programs will not use the Chalet this year; instead they will use the Big White Tent. Visitors will be encouraged to use outdoor benches, stools, and picnic instead of entering the chalet. Tables, chairs, and shelving units will be repositioned within the chalet to allow physical distancing. Hand sanitizer will be available at the entrance to the Chalet and on each floor.

Dedicated Floors

Each floor of the chalet will be dedicated to a specific use and the stairs will be closed except in emergency. The lower level will be used for changing boots and clothes with directional flow in a counter-clockwise pattern through the room. The upper level will be dedicated to warming up and

eating with entry in the south-facing door off the deck and exit through the east facing door near the ramp. The ramp to the washrooms will also be one-way from the chalet to the washrooms (down), except for visitors that cannot use stairs.

Capacity and Face Coverings

Visitors will always be required to wear a personal face covering (mask) in the Chalet except when eating. Capacity in the Chalet will be limited to 10 people on the lower level and 20 people on the upper level. Before entering the Chalet on either level, visitors will assess the number of people present and determine if there is available capacity for them to enter. On weekends, volunteer cabin keepers will help enforce capacity limits and other protocols.

Cleaning

High contact touch points will be cleaned twice daily by KNSC staff and a more thorough cleaning using a spray disinfectant machine will be completed daily. Visitors will be asked to clean the table they have used with supplied disinfectant spray and paper towel.

Washrooms

The heated, indoor washrooms, located in a separate building, will be available for use with a posted capacity limit of 2 people for each of the men's and women's washrooms. Every other sink, stall and urinal will be closed to maintain physical distancing. Hand sanitizer will be available outside the washroom. Mask usage will be required in the washrooms. The washrooms will be cleaned twice daily by KNSC staff and a more thorough cleaning using a spray disinfectant machine will be completed daily.

Trail-side cabins

Trail-side cabins will be open and available for use however skiers are encouraged to restrict their use for warming up and eating and to limit their time in the cabins. Skiers will be encouraged to use outdoor benches, stools, and picnic tables instead of entering the trail-side cabins. Mask usage is mandatory within the cabins except while eating or drinking. Physical distancing markers will be placed along the benches.

Capacity limits for the trail-side cabins are as follows:

- Bennett: 4 people or single family unit
- Tanney: 6 people or single family unit
- Laderach: 4 people or single family unit
- Sugar Shack: 1 person or single family unit

Trails

Trails will be groomed as per normal practice and continue to be bi-directional. Signage at the trailhead will encourage physical distancing while out skiing.

Equipment

KNSC grooming vehicles will be limited to 1 person and cleaning of the cabin and controls will be completed before and after use. A cleaning kit will be provided for operator use.

Personal Protective Equipment and Cleaning Supplies

Employees

Surgical masks, hand sanitizer (incl. dispensers), disinfectant wipes/liquid, face shields, gowns, and bleach supplies will be provided for employee use as required. A disinfectant machine (e.g. Clorox 360 or Pax 100) will be purchased to efficiently complete large area and rental equipment sanitization.

The General Manager is responsible for procuring and maintaining adequate inventory of PPE and cleaning supplies and also to train staff on appropriate usage.

Employees are required to be masked while indoors, while in enclosed vehicles, and while in open-air vehicles as per current Ontario legislation and Peterborough Public Health directives. Employees are also required to wear eye-protection if they must come within 2m of anyone not wearing a mask as per current Ontario legislation and Peterborough Public Health directives.

Programs

Youth Programs and Racing Team

Please refer to the Kawartha Nordic Safe Return to Sport plan posted at <http://www.kawarthanordic.ca/page.php?id=317>

Events

Events will be modified to limit participant numbers and encourage physical distancing. In-person events (e.g. Coffee House) at the Chalet will generally not be held this year.

Bus Groups

Visiting bus groups will be encouraged not to visit Kawartha Nordic this season from areas of high transmission (or alert levels above 'Green' in the provincial response framework) based on current public health advice to avoid inter-regional travel. Bus groups from within the region are permitted at Kawartha Nordic this season.

School Programs

The KNSC mid-week school program will not be running this year. KNSC will evaluate whether to visit schools for this program.